



# FAQs \_ Leaflets to Support New Students Orientation

**1. Do you have Sport teams on campus?**

Yes, we have male and female sport teams in Football, Basketball, Volleyball, Badminton and Chess. We also have Jujitsu and Table Tennis in addition to Cycling team equipped with the latest cycling gear.

**2. Do your Sport teams participate in university tournaments?**

Yes, our sport teams are strong competitors in the intercollegiate tournament Abu Dhabi Inter-University Sports League (ADISL).

**3. What are the sports activities you do for students on campus?**

- Try out
- Freshman Tournament
- Fitness Challenge
- KU Tournament
- Intramurals Tournament
- Ramadan Tournament

**4. How can I join KU sports team?**

You have to attend the tryout to each sport happening at the beginning of every semester.

**5. Do you offer Physical Education Course?**

Yes. We collaborate with Academic Dept. to offer physical education courses in football, volleyball and basketball.

**6. What sport facilities do you have on campus and in residences?**

**In Main Campus we have:**

- Gym facilities that are gender based that offer periodic fitness classes.
- An indoor multipurpose court for training and indoor competitions.
- A track field.

**In Sas Al Nakhl Campus, Male Building & Residences we have:**

- Outdoor Football courts
- Gym

**In Sas Al Nakhal Campus, Female Building & Residences we have:**

- Fitness room.
- Female residences: Gym and Swimming Pool

**7. What are the operational hours of the gym?**

- Main Campus 10:00 am to 9:45 pm
- Umm Al Lulu and New KU Residence Hall 9:00 am to 9:00 pm
- Arzanah Building 9:00 am – 7:30 pm

**8. Do you have professional trainers that support sports and fitness?**

Yes, we have both male and female professional trainers and coaches.

**9. Can I reserve courts within KU Sport facilities?**

Yes, you have to send email [ku-gym@ku.ac.ae](mailto:ku-gym@ku.ac.ae) with your booking details.

**10. Do you offer daily training sessions?**

Yes, you can find the fixed schedule below for the daily training sessions:

Daily Training Sessions				
Sports	Training time		Location	Day
	From	To		
Male				
Football	7:00 pm	9:00 pm	SAN-Campus	SU-MO-TU
Volleyball	6:30 pm	8:00 pm	L-4 Sports Hall	SU-MO-TU
Basketball	8:00 pm	9:30 pm	L-4 Sports Hall	SU-MO-TU
Table tennis	12:00 pm	1:00 pm	L-4 Sports Hall	SU-MO-TU
Badminton	12:00 pm	1:00 pm	L-4 Sports Hall	SU-MO-TU
Cycling	6:00 PM	7:30 pm	Al Hudayriat	SU-MO-TU
Jujitsu	6:30 pm	8:00 pm	TBA	SU-MO-TU
Female				
Sports	Training time		Location	Day
	From	To		
Football	TBA	TBA	TBA	SU-MO-TU
Volleyball	5:00 pm	6:30 pm	L-4 Sports Hall	SU-TU
Basketball	5:00 pm	6:30 pm	L-4 Sports Hall	MO-WE
Table tennis	5:00 pm	6:00 pm	L-4 Sports Hall	SU-MO-TU
Badminton	5:00 pm	6:00 pm	L-4 Sports Hall	SU-MO-TU

**11. Whom shall I contact if I have further questions regarding sports?**

You can contact Mr. Ahmed Alghalabi from Campus Life at [ahmed.alghalabi@ku.ac.ae](mailto:ahmed.alghalabi@ku.ac.ae)